

# Coaching Disclaimer

## TRANSITION POINT COACHING

*Last updated: 31 August 2026*

Transition Point Coaching provides professional coaching and mentoring designed to support reflection, clarity, personal development, goal setting and change. Please read this disclaimer carefully before using the website or engaging in coaching services.

### **1. Coaching is not medical or mental health treatment.**

Coaching provided by Transition Point Coaching is not a substitute for medical care, psychiatric assessment, psychological therapy, counselling or other healthcare treatment.

Although I am professionally qualified and work separately as a consultant psychiatrist, services provided through Transition Point Coaching are offered solely in my capacity as a coach. I do not provide medical or psychiatric assessment, diagnosis, treatment, prescribing or individual medical advice through my coaching practice.

Engaging me as a coach does not create a doctor-patient relationship.

### **2. When to seek healthcare advice.**

If you have concerns about your physical or mental health, you should seek advice from an appropriate healthcare professional, such as your GP or another suitably qualified clinician.

Coaching is not an emergency or crisis service. If you believe that you or someone else is at immediate risk of harm, contact the appropriate emergency or crisis services rather than relying on coaching communication.

### **3. The coaching relationship.**

Coaching is a collaborative process. I may provide questions, frameworks, reflection, challenge, information and structured approaches to help you explore your circumstances and identify possible actions.

You remain responsible for your own choices, decisions and actions. Any decisions relating to your career, employment, relationships, finances, health, business or personal circumstances remain your responsibility.

#### **4. Outcomes.**

Coaching can support development and change, but individual experiences and outcomes vary. Transition Point Coaching cannot guarantee a particular personal, professional, financial, career or other outcome as a result of coaching.

Testimonials, examples or case studies describe individual experiences and should not be interpreted as a guarantee that another client will achieve the same results.

#### **5. Professional and career decisions.**

Any information or discussion relating to careers, interviews, leadership, professional development or workplace transitions is provided for coaching and educational purposes.

It should not be treated as legal, financial, employment, regulatory or professional-body advice. Where specialist advice is required, you should consult an appropriately qualified professional or the relevant organisation.

## **6. Website and social media content.**

Information provided on the Transition Point Coaching website, social media channels, downloadable resources, workshops and other educational materials is general information only.

It is not intended to provide personalised medical, psychological, legal, financial or other regulated professional advice. You should not rely on general content as a substitute for advice tailored to your individual circumstances.

## **7. Confidentiality.**

Information shared during coaching will be treated confidentially and handled in accordance with the Transition Point Coaching Privacy Policy and the terms agreed for coaching.

There may be limited circumstances in which confidentiality cannot be maintained, including where disclosure is required by law or where there is a serious and immediate concern about safety. The boundaries of confidentiality will be discussed as part of the coaching agreement.

## **8. Client responsibility.**

By engaging in coaching, you acknowledge that you are responsible for deciding whether coaching is appropriate for you and for communicating if your circumstances or needs change.

You are encouraged to raise any concerns about the coaching process so that these can be discussed openly.

## **9. Contact.**

If you have questions about this disclaimer or about the scope of Transition Point Coaching services, please contact:

Transition Point Coaching

Email: [info@transitionpointcoaching.co.uk](mailto:info@transitionpointcoaching.co.uk)

Website: [www.transitionpointcoaching.co.uk](http://www.transitionpointcoaching.co.uk)

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